



Lanzarote
30th April - 4th May 2026

The GirlSTrip26 **Package Guide**

Rest is a strategy, not a luxury.

Hosted by Aleka Gutzmore - Financial HUG[®]

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**We travel not to
escape life, but for
life not to escape us**



GirlsTrip

The GirlsTrip Initiative was born from a simple truth: in the UK, the culture of constant hustle has quietly convinced many of us that rest must be earned.

In under-represented communities, especially, taking time off is often framed as indulgent, something “for other people”.

I refuse that narrative.

As a thought leader in financial inclusion, I’ve seen firsthand that true wealth includes time, joy, community, and the freedom to pause without guilt.

Rest is a financial strategy.

A life strategy.

A success strategy.

GirlsTrip is your permission slip to breathe again. This experience is designed for women who want to travel but don’t want to go alone, who want peace without isolation, who want sisterhood without pressure, and who are ready to invest in themselves emotionally, physically, and financially.

This is not a packed, exhausting itinerary. It's a beautifully balanced retreat that blends stillness, sunshine, and supportive community energy with just the right amount of structure to inspire growth.

The Bigger Picture: Rest as Inclusion

💡 Inspired by insights from Timetastic's State of Annual Leave Report.

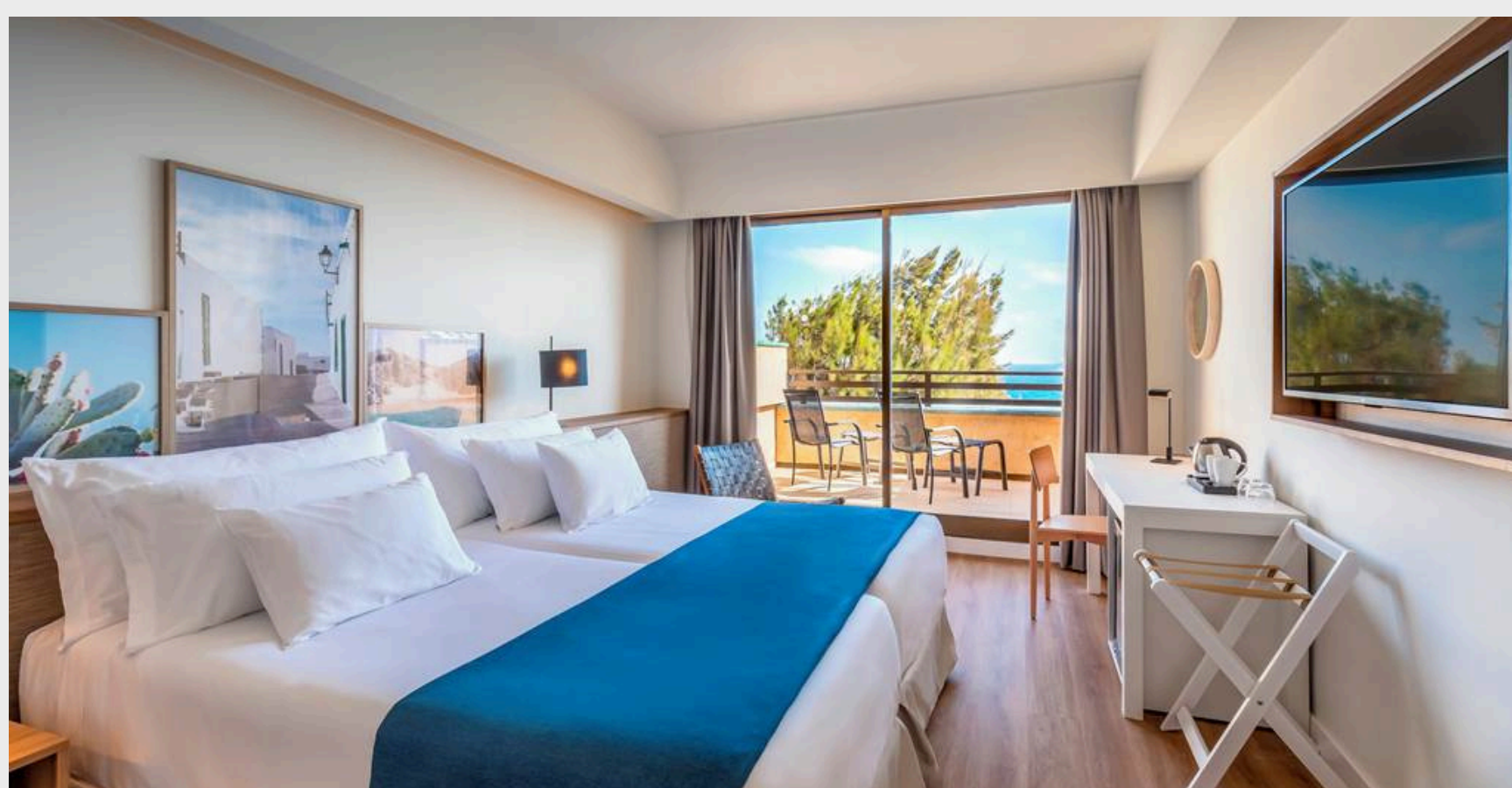
We celebrate professional wins, but rarely celebrate rest, even though rest directly fuels clarity, confidence, creativity, and financial decision-making.

On **GirlsTrip26**, you'll learn to:

- Align annual leave with who you are becoming, not simply work demands.
- Make rest part of your ongoing financial plan, not a once-a-year afterthought.
- Use time away to reflect, reset, and re-imagine your next chapter.
- Build connections with women who understand ambition, identity, and the unspoken pressure we carry.

Financial HUG®





Your rest matters. Your well-being is wealth

Lanzarote – 4★ Spa Luxury

Just a five-minute stroll from the sea, this resort offers modern rooms, nourishing food, pools, spa facilities, coastal walks and the perfect backdrop for your reset.



GirlsTrip 2026 Experience

Lanzarote | 30 April – 4 May 2026

£695 pp | £95* deposit to secure your place.

Double-sharing pool or sea view rooms

Included:

- 4 nights | Half Board
- Return flights from London Stansted
- 10kg hand luggage + 22kg checked baggage
- Private transfers
- Daily breakfast & Dinner
- Group session - curated sisterhood activities
- Sip & Sail experience (Sat/Sun)**

Full Payment Due by 10th Feb 26 without a payment plan

**addition fee tbc month March 26

*Deposit is non-refundable after 24 hours

Itinerary at a Glance

Thursday | Arrival & Grounding

- Meet at London Stansted – 10:00 AM
- Flight departs 12:55 | Arrives 17:10
- Hotel check-in & settle
- Group Dinner or Relax

Friday | Ease & Exploration

- Breakfast
- Morning Meet-Up Group Vision Setting Session - gifts, goodies and guidance.
- Free day to relax, explore, spa, swim, or sunbathe

Saturday & Sunday | Connect & Celebrate

- Morning Meet-Up / Breakfast
- Free time - do you!
- Group dinner
- Sip & Sail (TBC) – Our signature 5-hour daytime experience on the water

Monday | Refreshed & Ready

- Depart Lanzarote – 11:30
- Arrive Stansted – 15:35
- Continue HOME

RESTORED, REFOCUSED, AND REJUVENATED



You Deserve This Break. Truly.

GirlsTrip26 is more than a holiday. It's a declaration that your rest, your goals, your well-being, and your joy are non-negotiable.

This is your moment to pause, receive a Financial HUG®, breathe, and return home with clarity and confidence that will elevate your next chapter.

Intimate Travel Group of Twelve.

Double Rooms Only with sea or pool view.

High season = very limited availability.

Secure your place today with a £95 deposit.

Your future self will thank you.

Feel free to reach out if you have any questions

Email:

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 **LinkedIn:**

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Booking and Payment Links

www.thefinancialhug.co.uk



Aleka Gutzmore | Founder of the Financial HUG®